## Health Networks

### Quarterly Report January - March 2021



- New clinical leads for Health Networks<sup>1</sup>
- Participants attended the Community Respiratory Services Workshop<sup>2</sup>
- Attendees at the 'Weight Issues Among Children and Families in the Cockburn Local Government Area' Workshop<sup>3</sup>



- Young people partnered with Health Networks to develop the My Health in My Hands animation<sup>4</sup>
- Key stakeholders attended consultations on the development of a WA Register of Advance Health Directives <sup>5</sup>
  - WA Healthy Weight Action Plan
    Implementation projects participated in the
    Consumers Health Forum of Australia
    Summit 2021: Shifting Gears<sup>6</sup>



- Stakeholders contributed to the development of 'WA Health's Strategy for Advance Care Planning education and awareness raising: For health professionals and the community'
- 70 Senators attended the 54th Clinical Senate<sup>8</sup>
  - Newly Localised Pathways were opened for consultation to obtain clinical input for HealthPathways<sup>9</sup>

# HEALTH NETWORKS Quarterly Report Notes January – March 2021



- 1) Two (2) new clinical leads for Health Networks. The Diabetes Health Network welcomed Dr P. Gerry Fegan as a new Clinical Lead and the Women and Newborn Health Network welcomed Dr Janet Hornbuckle as the Obstetrics Lead.
  - Gerry is an endocrinologist and consultant physician with broad clinical experience in hospital and community healthcare settings. Janet is a RANZCOG certified Maternal Fetal Medicine (MFM) Specialist and has a sessional appointment at King Edward Memorial Hospital.
- 2) 25 participants from 10 organisations attended the Community Respiratory Services Workshop. On 19 March 2021, the Respiratory Health Network held a workshop with government and community-based support services to explore and identify how to better meet the needs of Western Australians who are impacted by chronic respiratory conditions. Representatives from 360 Health + Community, Asthma WA, Black Swan Health, Better Rehab, Cystic Fibrosis WA, WA Primary Health Alliance, Silver Chain, Motor Neurone Disease Association of WA, MSWA and Department of Health were in attendance.
- 3) **22** attendees to the 'Weight Issues Among Children and Families in the Cockburn Local Government Area' Workshop on 23 March as part of the establishment of the WA Obesity Collaborative.



- 4) **10** young people partnered with Health Networks to develop the My Health in My Hands animation. The *My Health in My Hands* animation aims to support young people become more independent with their health care. Read more about the animation and view it here (<a href="https://ww2.health.wa.gov.au/Articles/A">https://ww2.health.wa.gov.au/Articles/A</a> E/Child-and-Youth-Health-Network)
- 5) **54** key stakeholders including consumers, health professionals and health service organisations attended consultations on the development of a WA Register of Advance Health Directives.

The Ministerial Expert Panel on Advance Health Directives recommended WA Health develop a WA Register of Advance Health Directive. In order to identify the range of users and understand their differing needs of an Advance Health Directive Register, WA Health engaged the Nous Group to undertake a robust consultation process and a provide a final report and recommendations. The Report is being used to inform the

development of a business case outlining the expenditure required for the development, implementation and operation of a 'one stop shop' Register that guides the individual through the entire process of considering, planning, making, witnessing and sharing an Advance Health Directive.

- 6) Two (2) projects under the WA Healthy Weight Action Plan Implementation participated last month as part of the Consumers Health Forum of Australia (CHF) Summit 2021: Shifting Gears on 18-19 March 2021.
  - The Health Consumers' Council led the work in putting together an oral presentation on 'Consumers shaping health policy through the WA Healthy Weight Action Plan' as part of the "Consumer-Based Health Care: Integrating Consumer and Community Values in Health Care and Decision Making" concurrent sessions.
  - Curtin University participated with a poster presentation on 'Consumer Engagement in Developing Quality Standards for Commissioning overweight and obesity programs/services'



7) 77 stakeholders contributed to the development of <u>WA Health's Strategy for Advance</u> <u>Care Planning education and awareness raising: For health professionals and the community (the Strategy)</u> which has now been finalised and made available online.

The Strategy outlines WA Health's approach to advance care planning awareness raising, training and education for health professionals and the community. It is recognised there are a number of key stakeholders already working in this space. WA Health's intention is to build on and complement this work where possible, play a role in coordination to avoid duplication of efforts, and to address some of the areas where there are currently gaps. The final document was noted by WA Health's End-of-Life-Care and Palliative Care Advisory Committee (EOLPCAC) and the End-of-Life-Care Program Steering Committee (EOLCPSC).

8) **70** senators attended the 54th Clinical Senate. The Clinical Senate Executive Sponsor, Dr Andrew Robertson together with the Chair, Clinical Associate Professor Anthony Bell facilitated the debate titled COVID-Vaccines and Variation in Care and saw strong clinician engagement. Members of WA's Clinical Senate turned their attention to the planning for the next six to twelve months of the COVID response in Western Australia, whilst also focusing on the challenges WA Health will face with an unprecedented number of new presentations to the mental health system.

The Senate debate led to recommendations that were themed around the vaccination rollout plan, new patients presenting to the health system with psychological distress and the post-COVID learnings. These have been put forward to the Health Executive Committee (HEC) for their consideration.

A report on the debate – and HEC's response to the recommendations arising from it – will be published to the <u>Clinical Senate's webpage</u> (<a href="https://ww2.health.wa.gov.au/Improving-WA-Health/Clinical-Senate-of-Western-Australia">https://ww2.health.wa.gov.au/Improving-WA-Health/Clinical-Senate-of-Western-Australia</a>) soon.

9) Eight (8) Newly Localised Pathways were opened for consultation to obtain clinical input for HealthPathways along with 5 Pathways recently reviewed with notable changes.

The WA health system in partnership with the WA Primary Health Alliance (WAPHA) ensures pathways are developed and customised for WA, with the key focus on improving integration between primary, secondary, and tertiary care. Health Networks continues to facilitate the consultation process for the newly developed and reviewed pathways.

In this reporting period, input and feedback were sought from clinicians via online consultation in March 2021 for the following pathways:

#### **Newly Localised**

#### **Child Health**

• Rash in Unwell Children

#### Disability

Care of Patients with Disabilities

#### **Endocrinology**

- Hypercalcaemia
- Testosterone Deficiency in Men

#### General Surgery

Optimising Health for Elective Surgery

#### Gynaecology

- Heavy Menstrual Bleeding
- Polycystic Ovarian Syndrome (PCOS)

#### Mental Health

Problem Gambling

#### Subsequent review

The following pathway has been recently reviewed with notable changes:

#### **Diabetes**

 Renal Disease Screening in Diabetes

#### Lifestyle

Smoking Cessation Advice

#### Mental Health

- Deliberate Self-harm
- Perinatal Mental Health
- Medications for Perinatal Depression and Anxiety