

Government of **Western Australia** Department of **Health** 

# Induced Abortions in Western Australia

# **2016 – 2018**

Sixth Report of the Western Australian Abortion Notification System

# In brief

November 2019

Induced Abortions in Western Australia, 2016 - 2018 - in brief, Sixth Report of the Abortion Notification System

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# **Produced by**

Maternal and Child Health Information and System Performance Directorate Purchasing and System Performance Division Department of Health, Western Australia

# **Further information**

Manager, Maternal and Child Health Department of Health, Western Australia 189 Royal Street EAST PERTH WA 6004 Telephone: (08) 9222 2417 Facsimile: (08) 9222 4408 Email: Birthdata@health.wa.gov.au Internet: https://ww2.health.wa.gov.au/Articles/A E/Abortion-Notification-System

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# Women who had an abortion in WA 2016-2018:



# Introduction

Induced abortions Western Australia 2016 – 2018 In brief presents key statistics and trends on abortions.

Data used in this report were extracted from the Abortion Notification System, Midwives Notification System and the Australian Bureau of Statistics.

Data tables supporting this *"in brief*" report can be viewed in the <u>associated Ms Excel</u> <u>worksheets</u>. There are less data tables here than provided in the full report.

# **Abortion rate**

Abortion rate is the number of abortions per 1,000 women of reproductive age (15-44 years).

Since 2002, the overall WA population of women of reproductive age (15 to 44 years) increased by 26%; the number of WA Aboriginal women of reproductive age rose by 33%.

The overall number of induced abortions notified in WA since 2002 reached a peak of 8,908 in 2009. It has been steadily decreasing since then, reaching the lowest recorded number of 7,816 in 2018. Until 2016, the number of abortions among Aboriginal women had remained in the low 200s. After this, the number rose to 295 in 2017 and 325 in 2018.

The overall abortion rate has experienced a downward trend (from 19.7 in 2002 to 14.3 in 2018) (Figure 1). The same trend was observed among non-Aboriginal women. However, the abortion rate for Aboriginal women increased in 2017, and again in 2018, to 12.9 and 14.1, after being fairly stable for 6 years (Figure 1).

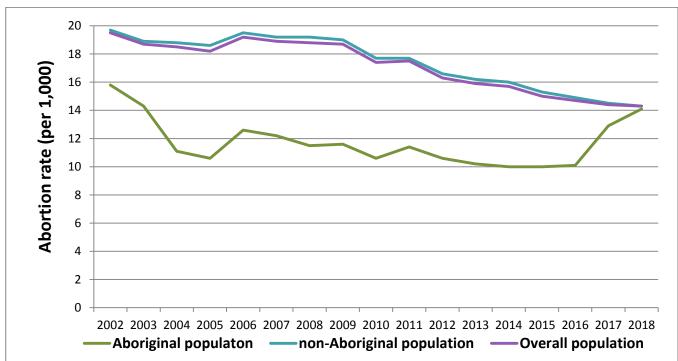


Figure 1. Abortion rate, WA, 2002 – 2018

# **Abortion proportion**

Abortion proportion is the number of pregnancies that ended up in abortion, expressed as a percentage.

The overall abortion proportion was 18.1 in 2016, 18.6 in 2017, and 19.1% in 2018. This represents an overall decline from 24.7% in 2002 (Figure 2. Abortion proportion, WA, 2002 – 2018.

For Aboriginal women, this figure was stable at around 11% from 2004 until 2016. Since then, it increased to 14 in 2017, and then again to 15.4% in 2018.

For non-Aboriginal women, abortion proportion has followed the overall trend of decline from 25.8 in 2002 to 19.3% in 2018 (Figure 2).

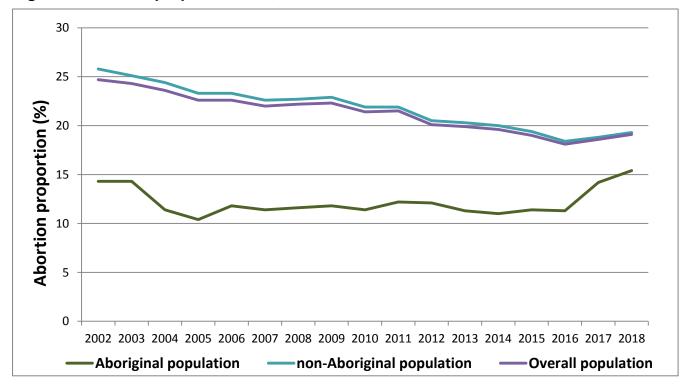
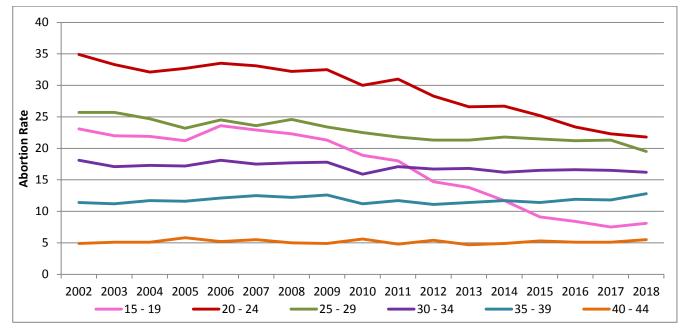


Figure 2. Abortion proportion, WA, 2002 – 2018

### Abortion rate by age group

Abortion rates by age group were determined using the number of induced abortions per 1,000 women of each 5-year age group living in WA.

The abortion rate for teenage women has dropped significantly since 2002, from 23.1 to 8.1 to 2018. For women aged 20 to 24 years, the abortion rate decreased from 34.9 in 2002 to 21.8 in 2018. This 5-year age group has consistently had the highest abortion rate. In all other age groups, there was little change in abortion rate over the same period (Figure 3).





# Abortion proportion by age group

Between 2016 and 2018, the proportion of pregnancies that ended in abortion was highest among teenage women and lowest among women aged 30 to 34 years. This has not changed since 2002 (Figure 4).

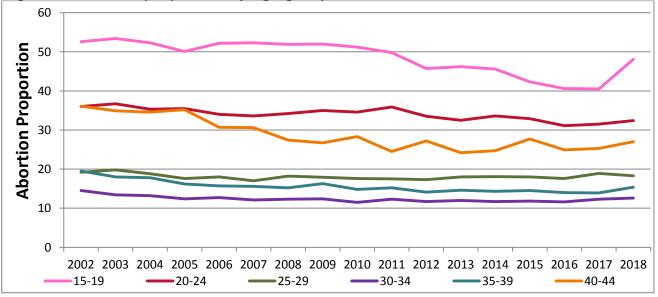


Figure 4. Abortion proportion by age group, WA, 2002 - 2018

# Age

Between 2016 and 2018, abortion was more prevalent among women aged between 25 and 29 years (27%), followed by those aged between 20 to 24 years (24%) and 30 and 34 years (22%) (Figure 5). The mean age of women who had an abortion has been steadily increasing since 2002, from 26.2 to 28.6 years in 2018.

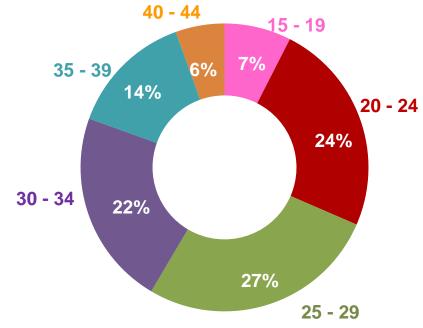


Figure 5. Age (years) of women who had an abortion, 2016 - 2018

# **Aboriginal status**

The majority of women who had an abortion in WA between 2016 and 2018 identified as being neither Aboriginal nor Torres Strait Islander (96%) (This is similar to the proportion living in WA between 2016 and 2018 (96%).

Figure 6). This is similar to the proportion living in WA between 2016 and 2018 (96%).

#### Figure 6. Aboriginality of patients who had an abortion in WA, 2016 - 2018

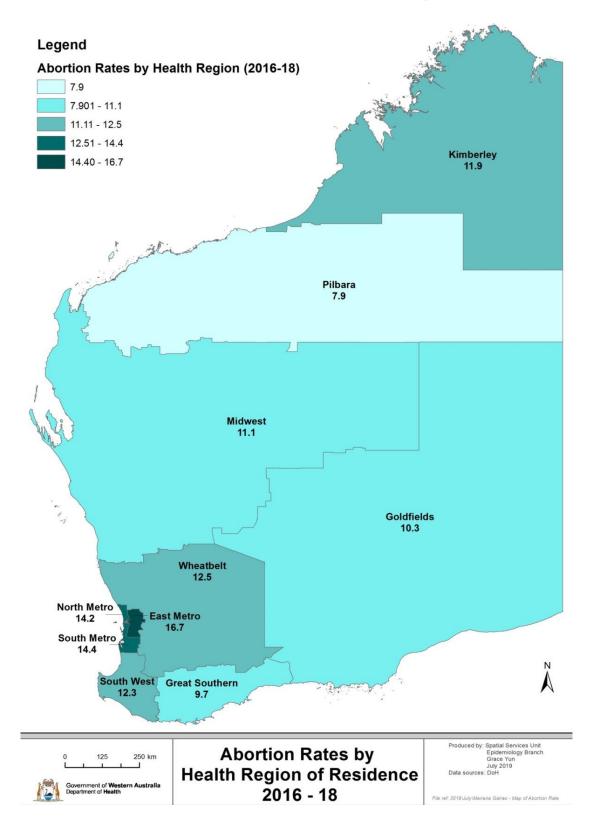


# **Place of residence**

Consistent with previous years, the overall abortion rate in the metro regions was higher than the overall abortion rate in the country regions for the years 2016 to 2018 (Figure 7).

However, the abortion rate for both metropolitan and country regions has decreased between 2002 and 2018. In the metropolitan region, it decreased from 20.2 to 14.9 and in the country regions, from 14.1 to 11.2.

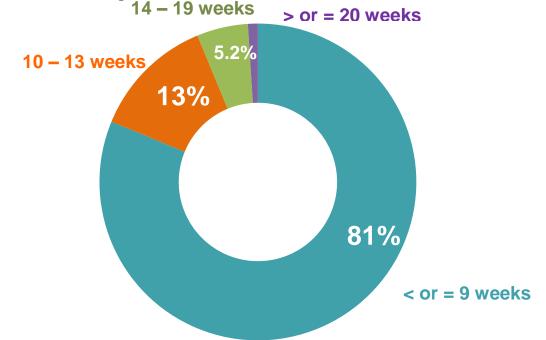
Figure 7. Abortion rate by health region of residence, WA, 2016-2018 combined



# **Gestational age**

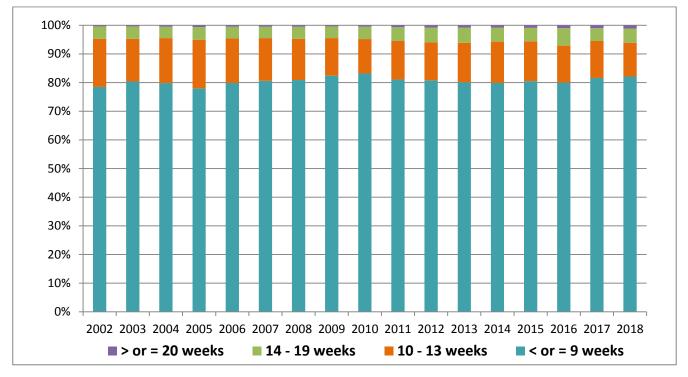
Gestational age refers to the number of completed weeks since the first day of the last menstrual period.

In the period of 2016 to 2018, the vast majority of abortions were performed at 9 weeks gestation or less (81%)(Figure 8). This has been consistent since 2002 (Figure 9).









## Health service category

Between 2016 and 2018, the largest number of WA abortions occurred in private clinics in the metropolitan region (86%) (Figure 10). This is has not changed since 2002 (Figure 11).

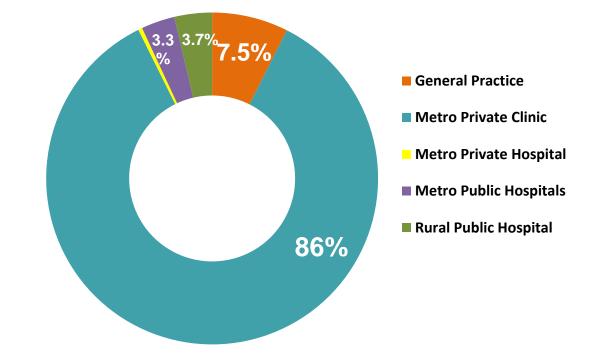


Figure 10. Percentage of abortions by health service category, WA, 2016-2018

The availability of Mifepristone since 2012 for abortions at gestations less than 49 days (from 2014, for gestations less than 63 days) enabled induced abortion to be managed in a general practice setting. In 2013, general practice accounted for 0.1% of induced abortions. By 2018, this figure was 10.6% (Figure 11).

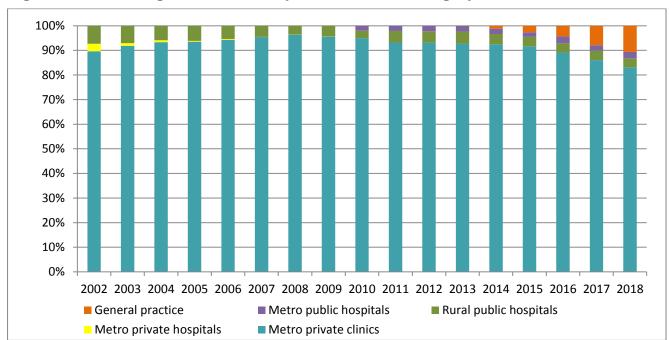


Figure 11. Percentage of abortions by health service category, WA, 2002 – 2018

# **Method of abortion**

Between 2016 and 2018, the majority of abortions were induced through vacuum aspiration (58%) (Figure 12).

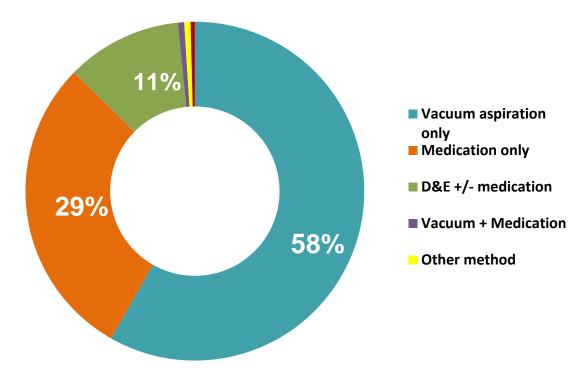


Figure 12. Method of abortion, WA, 2016 - 2018

From 2002 to 2018, abortions performed, using medication only, increased from 1.4 to 33% of total abortions. Abortions performed using vacuum aspiration, with or without medication, decreased from 89.4 to 51.5% in the same period (Figure 13).

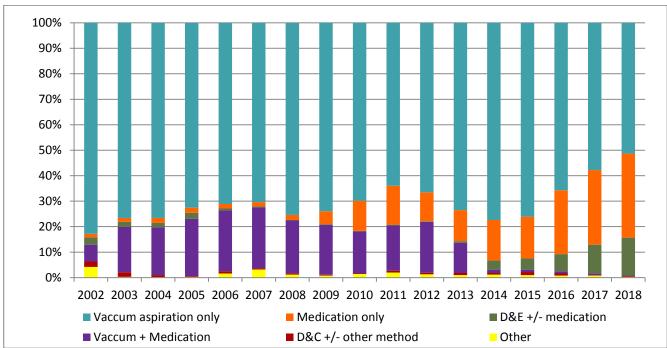


Figure 13. Percentage of abortions by method, WA, 2002 - 2018

# **Reason for abortion**

Reason for abortion is notified as either fetal anomaly (suspected or confirmed), or 'other' (including selective reduction of multiple pregnancies). For the period between 2016 and 2018, 97% of all abortions were performed for reasons other than fetal anomaly (Figure 14). This has been consistent since 2002 (Figure 15).

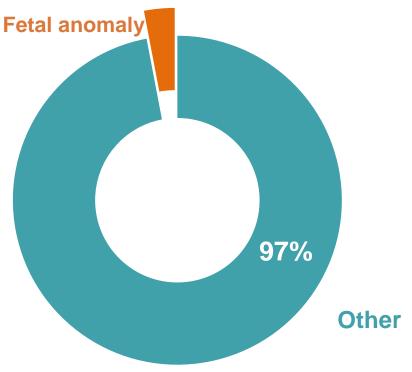
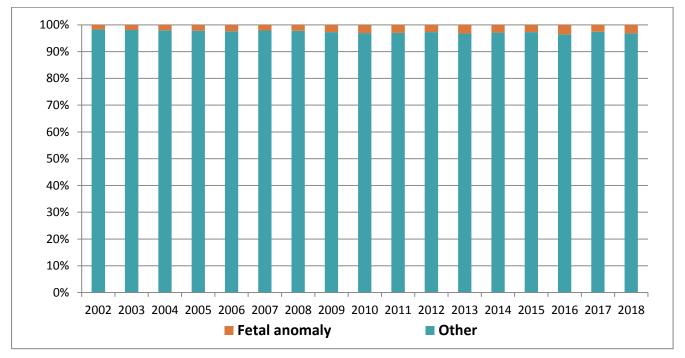


Figure 14. Reason for abortion, WA, 2016 - 2018

Figure 15. Percentage of abortions by reason, WA, 2002 - 2018



### Abortion for fetal anomaly by gestational age

Despite the overall low percentage of abortions for fetal anomaly, this condition continued to be the most common reason for abortions performed at gestations of at least 20 weeks (67%) between 2016 and 2018.

In the same period, fetal anomaly accounted for: 32% of abortions performed between 14 and 19 weeks; 4% of abortions performed between 10 and 13 weeks and 0.1% of abortions performed at less than 9 weeks gestation. This has not changed since 2002 (Figure 16).

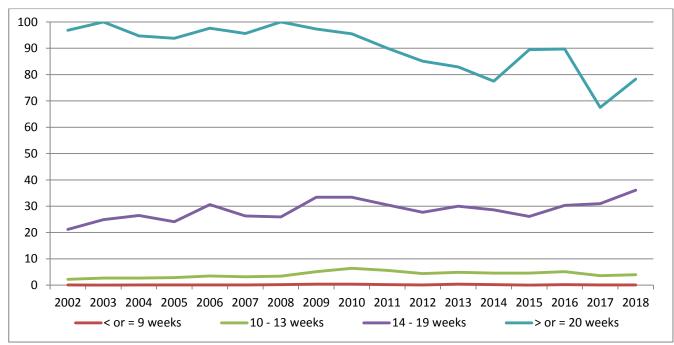


Figure 16: Percentage of abortions for fetal anomaly by gestational age group, WA, 2002-2018

#### National and international comparison

The ability to compare the rates of abortions in WA with those in other jurisdictions is affected by differences in legislation and reporting.

Only the jurisdictions publishing official abortion reports using the same population definition as WA (i.e. women aged between 15 and 44), were used for comparison. These are presented on Table 1.

In 2016, 2017 and 2018, WA had an abortion rate lower than England and Wales and higher than the Northern Territory, South Australia, Scotland and the Netherlands.

Jurisdiction	2016	2017	2018
England and Wales	16.6	17.3	18.0
Western Australia	14.7	14.7	14.6
South Australia	13.2	N/A	N/A
Northern Territory	N/A	N/A	13.1
Scotland	11.7	12.1	12.9
Netherlands	8.5	8.6	N/A

#### Table 1. Abortion rate in WA and other jurisdictions, 2016 – 2018

N/A – data not available at time of publication

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