



Are you immunocompromised?

Stay safe during COVID-19

Being immunocompromised means your immune system does not protect you from infection as well as it should.

No matter the setting – at home, visiting family or friends, at the shops, or using public transport – following these tips when possible will reduce your risk of getting COVID-19.



Wash your hands often and use hand sanitiser. Take hand sanitiser when you leave home.



Avoid touching your face and use hand sanitiser before touching your mask.



Always wear a mask when interacting with others.



Improve ventilation and airflow in shared indoor areas.

Avoid busy public places – you are more likely to get COVID-19 in crowded, poorly ventilated indoor spaces.

- 1 Have grocery shopping home delivered by the supermarket or family and friends.
- 2 Use virtual medical appointments for routine check-ups or medication prescriptions.
- 3 Travel in private vehicles with members of your household.
- 4 Ask your employer about working from home.

If you have had contact with a person who has COVID-19 or if you develop symptoms, get tested and seek medical attention.

Find out more: smhs.health.wa.gov.au/Immunocompromised